



## A Note from the Pastor . . .

*We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.*

2 Corinthians 5:20-21

It seems like Christmas was just here, and yet with only one more turn of the calendar page, we begin the season of Lent on February 22<sup>nd</sup> with Ash Wednesday. We'll open the forty-day season of contemplation with a "Service of Ashes" that evening. While Lent leads us to a time of reflection on Christ's gift of himself on our behalf, it should also fill us with a sense of hope and great expectation for the Resurrection experience of Easter morning.

Paul's letter to the Corinthians captures that excitement as he declares that **WE** are Christ's ambassadors! We have the privilege of being Christ's representatives to a broken and hurting world. In what ways does Lent challenge you to "become the righteousness of God"? For this season of forty days, what is God calling you to do that maybe you've never done before – fasting, tithing, daily prayer, sharing your faith with someone else, or random acts of kindness and compassion?

John Wesley, the founder of Methodism understood this becoming the "righteousness of God" to be a function of God's purifying and sanctifying grace. He felt that our Christian journey is one of "going on to perfection" whereby we continue to grow closer to God as we more and more reflect the light of Christ in our lives. This year, will you allow the season of Lent to be for you a season of "going on to perfection"?

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

*Pastor Edna*



**Pastor:**

Rev. Edna F. Moore

**Co-Lay Leaders:**

Laurie Bersack

Jim Simpson

**Director of Music:**

Ruth Nelson

**Preschool Director:**

Donna Thomas



We would like to extend a Happy Birthday to all Church Family Members who were born in February! If your birthday is not displayed and you would like it to be, please call 540-364-2506 or email the church office at Admin@marshallumc.org. We would be delighted to add you!

4 – Andy McCoy	21 - Mike McCoy
9 – Donald Kozanecki	22 – Pattie Kirch
12 – Erica Eickhoff	23 – Chet Walker
13 – Suzanne Simpson	24 – T.Roy Wright
19 – Lil Jacobs	25 – Erin Wright Smith
20 – Robert Glascock	26 – John Kearns
20 – Gail Falkowski	27 – Chris Burnside



### **MUMPS Pie Bake-Off**

Sunday, February 26th  
2:00pm to 4:00pm  
Marshall United Methodist Church

**This is to benefit the MUMPS program.**

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There will be a \$5 per pie entry fee and You must register before Thurs., Feb. 16th.  
Judging will be in three categories: Cream, Fruit, and Nut.

There will be a 1st and 2nd Place Ribbon for all Categories.  
Please call 540-364-4111 to register or for more information.

**CONTEST WILL BE CONTINGENT UPON THE NUMBER OF REGISTRATIONS RECEIVED!**



### **Celebrate Your Marriage**

Growing Closer to God and each other!  
February 10-12, 2012  
Register On-line: [www.CampOverlook.org](http://www.CampOverlook.org)  
\$265.00 per Couple

#### **What Happens in this Event?**

Trained leaders guide you in a series of exercises, activities, and worship experiences which help you grow in love and commitment to God and one another.

#### **Who is the Weekend for?**

Celebrate Your Marriage is for couples of all ages who are looking for opportunities to enrich their relationship in the context of Christian faith and action. This is an enrichment event and is not intended as therapy for severely troubled marriages.

#### **When is this Event?**


The event begins with registration and snack on Friday at 7pm. The first session commences at 7:30pm. The closing will be with a buffet lunch on Sunday. Because of the nature of this training, each couple is requested to arrange participation for the entire event.

#### **How Much?**

Lodging and meals will be provided in the Blessing Lodge. Our private room for two nights, Saturday Meals, and Sunday Breakfast and Lunch will cost \$265.00 per couple.

# February 2012

Sunday School @ 8:45am \* Worship Services Sunday @ 10am  
JOIN US!

Sun	Mon	Tues	Wed	Thu	Fri	Sat
						
<b>5</b> 8:45 am Sunday School 10 am Worship Service 5 pm Middle School Youth Mtg (FH)	<b>6</b> <b>Pastor's Day Off</b> <b>Church Office Closed</b> 7 pm Boy Scout Pack 177 Mtg (MH)	<b>7</b> 11 am MUMPS Chapel (S) 6 pm Webelos Mtg (MH) 6 pm Cub Scout Den Mtg (FH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>8</b> 7:30 pm UMW Mtg (FH)	<b>9</b> 7 pm Hispanic Ministry (FH)	<b>10</b> 7 pm Hispanic Ministry (FH)	<b>11</b> 8 am UMM Mtg (FH/K)
<b>12</b> 8:45 am Sunday School 10 am Worship Service	<b>13</b> <b>Pastor's Day Off</b> <b>Church Office Closed</b>	<b>14</b> <b>VALENTINE'S DAY</b> 11 am MUMPS Chapel (S) 6 pm Webelos Mtg (MH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>15</b>	<b>16</b> 6 pm Cub Scouts (Y) 7 pm Hispanic Ministry (FH)	<b>17</b>	<b>18</b>
<b>19</b> <b>TRANSFIGURATION OF THE LORD</b> 8:45 am Sunday School 10 am Worship Service 5 pm Middle School Youth Mtg (FH)	<b>20</b> <b>Pastor's Day Off</b> <b>Church Office Closed</b> <b>PRESIDENT'S DAY NEWSLETTER DEADLINE</b>	<b>21</b> 11 am MUMPS Chapel (FH) 6 pm Cub Scout Den Mtg (FH) 6 pm Webelos Mtg (MH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>22</b> <b>ASH WEDNESDAY</b> 6:30 pm Finance Comm. Mtg (FH) 7 pm Ash Wednesday Worship Service (S) 7:30 pm Council Mtg (FH)	<b>23</b> 7 pm Hispanic Ministry (FH)	<b>24</b>	<b>25</b> VA Annual Conference, 2nd Annual Lay Servant Academy
<b>26</b> 8:45 am Sunday School 10 am Worship Service 2 pm MUMPS Pie Bake-Off (FH/K)	<b>27</b> <b>Pastor's Day Off</b> <b>Church Office Closed</b>	<b>28</b> 11 am MUMPS Chapel (L) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>29</b>			

# March 2012

Sunday School @ 8:45am \* Worship Services Sunday @ 10am  
JOIN US!

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>4</b> 8:45 am Sunday School 10 am Worship Service 5 pm Middle School Youth Mtg (FH)	<b>5 Pastor's Day Off</b> <b>Church Office Closed</b> 7 pm Boy Scout Pack 177 Mtg (MH)	<b>6</b> 11 am MUMPS Chapel (S) 6 pm Webelos Mtg (MH) 6 pm Cub Scout Den Mtg (FH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>7</b> 7 pm Trustees Mtg (FH)	<b>1</b> 12 n Senior Luncheon (FH/K) 6 p Cub Scouts Mtg (YR) 7 pm Hispanic Ministry (FH)	<b>2</b>	<b>3</b> 7 am LV Emmaus-Men (FH/K/S)
<b>11</b> 8:45 am Sunday School 10 am Worship Service	<b>12 Pastor's Day Off</b> <b>Church Office Closed</b>	<b>13</b> 11 am MUMPS Chapel (S) 6 pm Webelos Mtg (MH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>14</b> 7:30 pm UMW Mtg (FH)	<b>15</b> 6 pm Cub Scouts (Y) 7 pm Hispanic Ministry (FH)	<b>16</b>	<b>17</b> 7 am LV Emmaus-Men (FH/K)
<b>18</b> 8:45 am Sunday School 10 am Worship Service 5 pm Middle School Youth Mtg (FH)	<b>19 Pastor's Day Off</b> <b>Church Office Closed</b>	<b>20 NEWSLETTER DEADLINE</b> 11 am MUMPS Chapel (FH) 6 pm Cub Scout Den Mtg (FH) 6 pm Webelos Mtg (MH) 6 pm Men's Acct. Mtg (L) 7 pm Choir Rehearsal (S)	<b>21</b>	<b>22</b> 7 pm Hispanic Ministry (FH)	<b>23</b>	<b>24</b> 7 am LV Emmaus-Men (FH/K)
<b>25</b> 8:45 am Sunday School 10 am Worship Service	<b>26 Pastor's Day Off</b> <b>Church Office Closed</b>	<b>27</b> 11 am MUMPS Chapel (L) 6 pm Men's Acct. Mtg (L) 6 pm Webelos Mtg (MH) 6 pm Cub Scout Pack Mtg (FH) 7 pm Choir Rehearsal (S)	<b>28</b> 6:30 pm Finance Mtg (FH) 7:30 pm Council Mtg (FH)	<b>29</b> 7 pm Hispanic Ministry (FH)	<b>30</b>	<b>31</b> 7 am LV Emmaus-Men (FH/K)

UMW Retreat—Concord Retreat Center

## Parish Nurse Corner (Body, Mind, and Spirit)

By Susanne Arbogast, MSN, RN, FCN

### Spiritual Strengthening- Reading the Bible

*"Because he loves Me," says the Lord, "I will rescue him; I will protect him, for he acknowledges My name. He will call upon Me, and I will answer him; I will be with him in trouble, I will deliver him and honor him." Psalm 91: 14-15*

What comforting words of promise from the Lord, especially in times of trouble. This is a bible verse that is easy to memorize and have available to read or remember in our times of need. This year will be a focus on how to prepare our hearts for times of trouble by strengthening the muscles of our spirit. The steps of preparation for strengthening our bodies include eating healthy and exercising daily; and for our minds—reading, and doing crossword puzzles or Sudoku. For strengthening our spirits, we nourish it daily by reading the Words of the Lord and through prayer and meditation. Reflecting on the Word allows us to develop a channel of communication with God and learn to go to Him for times of trouble and joy. Building on and developing a "heart for the Lord" allows us to persevere in our times of trouble when others easily quit. When we read and meditate on the Lord's Word we are able to incorporate His truths into our foundation, and it allow us to use these truths as a plumb-line to worldly attractions. Trusting in His promises and truths we more quickly go to the Lord and His Word in our times of trouble thereby creating a stronger relationship. Encourage others to read the Bible and to memorize verses as part of our discipleship and serving the Lord.

If you don't already read the Bible daily, doing so may seem an impossible task; but here are several small steps that will reap great rewards for you and your family in 2012.

1. Read Psalm 119- a verse per day.
2. Read a Psalm a day.
3. Use one of available "Read the Bible in 365 days" reading lists-check the back of your Bible, check the Upper Room, Turning Point Ministry, and Haven Today.
4. 90 Day Challenge- Now I thought it was crazy when someone told me that they read the Bible in four months. But then I heard the 90 Day Challenge explained as like reading a novel with a bird's eye view and all the stories follow each other.

I pray that you will take me up on one of these methods for 2012. The Lord will meet you, strengthen your spirit and your families. As David cries out in the Psalms:

"Let my cry come before You, O Lord; Give me understanding according to Your Word. Let my supplication come before You; Deliver me according to Your Word." Psalm 119: 169-170

"Let Your hand become my help, For I have chosen Your precepts (truths, facts)." Psalm 119: 173

"Let my soul live, and it shall praise You; And let Your judgments help me." Psalm 119:175

"My help comes from the Lord, who made heaven and earth." Psalm 121:2

Body Tips: Get your Flu Shot. Flu season is starting to increase in the number of cases. It is not too late to get vaccinated.

Mind Tips: Learn a new mind challenge game- crossword puzzles, Sudoku, or jigsaw puzzles.

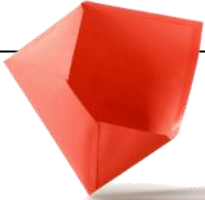
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**Health Ministry Mission:** "To encourage and promote wholeness of the spirit, mind, and body within our congregation and community through prayer and education following Christ's example of love, support, and compassion.

**Health Ministry Scripture:** "Beloved, I pray that all may go well with you and that you may be in good health, just as it is well with your soul." 3 John 1:2

## Newsletter Deadline for March 2012

The deadline is **Monday, February 20th**. Articles for the newsletter may be emailed, mailed, or called into Tonja Agey at the church office at any time up to the deadline. You may reach her by phone at 540-364-2506 or by email at Admin@marshallumc.org. Articles that are mailed in may be mailed to the church post office box listed on this newsletter.



### OFFERING ENVELOPES

With the new year upon us, some of you will need to replenish your stock of offering envelopes. If you already have an existing envelope number, please see Debbie Machamer about replenishing your supply. If you would like to start using offering envelopes there will be boxes located above the mailboxes. Using offering envelopes is the preferred way for better tracking of your donations. If you preferred to use the blank pew envelopes please remember to write your name on the front for tax purposes.

***Please join us each Sunday for Sunday School (for all ages) at 8:45 am  
and Worship Service at 10:00 am.***

022012



Marshall  
United Methodist Church

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